

# Instructor-led training

## First Aid

- 3 Day Occupational First Aid
- 1 Day OFA Refresher
- Basic First Aid
- Paediatric First Aid
- CPR / AED
- Heartsaver AED

## Construction Training

- Solas Safe Pass – English/Polish
- Working At Heights
- Abrasive Wheels
- Site Inductions
- Manual Handling
- Ladder Safety

## CSCS Training

- Location of Underground Services
- Mobile Access Tower
- H&S at Roadworks
- Slinger / Signaller Banksman
- Sign Lighting & Guarding

## Machine Training

- MEWP – Scissors & Boom
- Forklift Novice
- Forklift Experienced
- Forklift Refresher
- Power Pallet Truck

## Confined Space Training

- Confined Space Awareness

- Low / Medium Risk
- High Risk
- Breathing Apparatus Training

## Instructor Courses

- Pat Testing Instructor
- Manual Handling Instructor
- Abrasive Wheel Instructor
- VDU Assessor

## Fetac / QQI Training Courses

- Safety Representation
- Manual Handling Instructor
- Occupational First Aid

## Other Training Courses

- Ergonomic/VDU Assessments
- PAT Testing
- Harness Training
- Chemical Training
- Decision Driving Training
- Patient Handling
- Gas Bottle Handling
- UKATA Asbestos Awareness
- Face Fit Testing

## Food Safety Training

- Haccp Level 1&2
- Haccp Level 3
- Haccp Plans

## Testing Services

- Noise Level Readings
- Noise Awareness Training
- PAT Testing
- Harness Test & Certification

## Consultancy Services

- Safety Statements
- Audits & Risk Assessment
- Method Statements
- Safety Consultancy
- H&S Placements
- Risk Assessment Analysis
- Accident Investigation
- Safety Briefing

## Fire Training

- Fire Safety Awareness
- Fire Warden
- Fire Manager

## Management Courses

- H&S for Managers
- IOSH Managing Safely
- IOSH Managing Safety in Construction
- Safety Rep 2 Day
- QQI Safety Rep 3 Day
- Safety Management